Analysis of the Peer Mediation Process’ Effect on Interpersonal Problems of University Students

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ABSTRACT The purpose of this research is to analyze the effect of the peer mediation process on interpersonal problems of university students. In order to examine this constructive solution, 32 third-year university students took a 12-session mediation training program. Afterwards, the trained peer mediators gave mediation support to university students’ interpersonal problems that they experience in the school, dorm, and home environments. During the study, 27 mediators mediated 40 interpersonal problems. Thirty-eight interpersonal problems (95%) resulted in agreement, and agreement contents are constructive and functional at the rate of 96.6 percent. When the obtained results were evaluated, it was seen that the peer mediation process was an effective method for solving the interpersonal problems of university students in a desired, constructive and functional way.